

## SVDG Information for Prospective Members

Thank you for expressing interest in joining SVDG! We are a women's flat track roller derby team based out of Turlock, CA.

**Practice:** We practice Tuesdays and Thursdays from 7:00 PM to 9:00 PM at the Stanislaus County Fairgrounds, typically in Exhibit Building E-1. We practice from January through November. We do not have access to the fairgrounds in July during the Fair so we trail skate instead.

**Borrowing gear:** Necessary protective gear includes a mouthguard (any cheap mouthguard will suffice), wrist guards, elbow pads, kneepads a helmet (very important!) and quad-style roller skates. Let us know when you plan on trying out a practice and we can work on getting you a set of gear to borrow. We have lots of protective gear but only a few spare sets of skates, if you are able to track down a pair of quad-style roller skates we can easily help you out with the rest of the gear you'll need in order to try out a few practices.

**Purchasing gear:** If you are interested in purchasing some gear, we highly recommend checking "Roller Derby Recyclables" on Facebook before buying anything new. Lots of folks are looking to offload newbie gear at a good price (sizing can be tricky for used skates, ask around if you are unsure). You will just need a simple setup to understand whether derby is a fit for you!

**Skating skills:** We will teach you how to skate, basic skills (stopping, accelerating, taking and giving hits) over the course of the next 3-6 months. As your skills progress, you will begin practicing with the main team.

**Dues:** The first month of practice is free! After your initial onboarding, dues are \$25/month for fresh-meat practices and \$40/month once you level up to the regular team. If you have a junior skating as well, you will receive a family discount. Dues are \$25/month for the first member and \$20/month for additional members.

Not interested in playing derby but want to join our community? We are always looking for volunteers! Game staff includes volunteer referees, non-skating officials, booth volunteers, event organizers, EMTs, announcers, and many more important positions.



# Interested in trying out Motown Misfits Junior Roller Derby team?

Here's what you need to know!

**Are you...** at least 7 and not older than 17 years of age?

**Are you...**a new skater, an experienced skater, or anything in between?

**Are you...**looking for new challenges, new friends and a whole lot of fun?

Well then, you've come to the right place! We are the Motown Misfits Junior Roller Derby Team. We want to teach you the skating skills, teamwork and strategy you'll need to play roller derby - one of the world's fastest-growing sports. Our league offers training for all skaters of all levels. All you may need to get started is curiosity and a mouth guard because we have some gear you may be able to borrow. Contact us to check if we have your size! We love this sport, and we think you're going to love it too!

If you want to get your own gear here's the basics.

**Skates:** You'll need some! Look for quad style skates! There are tons of great places online to purchase them! Look for skates that are specifically made for derby if possible.

**Protective gear:** You'll need a mouthguard that is formed to your own mouth before you're able to skate with us. You'll also need to protect your knees, elbows, and wrists so make sure to bring protective pads that fit. Lastly, you'll need a skate style helmet.

**Practice:** We practice Tuesdays and Thursdays from 6:00 PM to 8:00 PM at the Stanislaus County Fairgrounds, typically in Exhibit Building E-1. We practice from January through November. We do not have access to the fairgrounds in July during the Fair so we trail skate instead.

**Helpful Hints:** Many online retailers offer a complete starter roller derby package that includes all the items listed above. Also, make sure to wear comfortable athletic clothing and bring lots of water. If you have any questions, please reach out to us through our Facebook page or [www.sinvdg.com](http://www.sinvdg.com) we can help!

We are thrilled that you have decided to give Roller Derby a try and look forward to seeing you on the track with us!



## FAQ

- Where can I buy gear?
  - Check out “Roller Derby Recyclables” on Facebook
  - Derby Warehouse online or in store (located in San Luis Obispo)
  - Skate Ratz online store
  - Bruised Boutique online store
  - Amazon...if you must
- Do you play on a banked track like in the 70s?
  - Nope! We play flat-track roller derby
- Do you clothesline people?
  - Not intentionally, this is considered a penalty in modern gameplay
- What if I don't know how to skate?
  - Don't worry! We'll teach you everything you need to know about skating
- I don't want to fall and get hurt!
  - While we can't prevent accidents from happening, we will do everything we can to teach you how to fall safely and protect yourself from injury.
- Do you travel?
  - Yes! We typically play games within a few hours of Modesto but we do occasionally travel out of state! We'll be playing at a tournament in Hawaii this June.